# COVID-19, AIDS, Cancer Formation Mechanism and Treatment Plan

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Abstract—According to the new findings of the experiment, the author proposed the "New Theoretical System of Physics in the 21st Century". This article continues to carry forward this innovative spirit, and proposes new strategic ideas for researching and disclosing the "formation mechanism" and "treatment plan" of COVID-19, AIDS, and cancer. Through the research on the "formation mechanism" of COVID-19, AIDS, and cancer, the method of injecting COVID-19 virus and HIV into animals is proposed to obtain the active biological antibodies of these viruses from animal blood; After extraction and then the active biological antibodies that can kill the virus are injected into patients' bodies to kill COVID-19 virus and AIDS virus; In order to achieve the goal of treating COVID-19 and AIDS, once we find the active biological antibody to kill COVID-19 virus and AIDS virus according to this concept, we will be able to solve the thorny problem of the current epidemic situation. The author has applied for two invention patents for this concept: 1. Patent name: Active Biological Antibodies to Kill COVID-19 Virus and Use Methods, patent number: 2023100796195; 2. Patent name: Active biological antibody to kill AIDS virus and its use method, patent number: 2023100796119. The author hopes to cooperate with enterprises in the field of biopharmaceuticals to carry out research in this direction as soon as possible and make contributions to overcoming the medical problems of COVID-19 and AIDS as soon as possible.

Keywords—COVID-19, AIDS, cancers, formation mechanism, treatment plan

### I. INTRODUCTION

The three papers published by the author from 2020 to 2022 constitute the "new theoretical system of physics in the 21st century" [1–3].

This paper continues to carry forward this innovative spirit, and puts forward new research strategic ideas for the "generation mechanism" and "treatment plan" of COVID-19, HIV, and cancer, I hope to make contributions to solving these medical problems for mankind!

The current understanding of AIDS is that Human Immunodeficiency Virus (HIV for short) is a virus that can attack the human immune system. This will destroy the human immune system, eventually collapse the immune system, and make the human body become sick

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and die because of losing the resistance to various diseases. The incubation period of AIDS virus in the human body is 10 years on average. Before they became AIDS patients, they looked normal. They could live and work without any symptoms for many years, and then they could transmit the virus to others.

At present, there is no vaccine that can effectively prevent AIDS. Although there are many antiviral drugs for clinical treatment that can effectively inhibit the replication of HIV in the human body, to a large extent, alleviate the symptoms of AIDS patients and prolong their lives, there is no specific drug that can directly kill HIV.

According to the current drugs for COVID-19, Pfizer or Azovudine, they are all drugs used to treat AIDS. Why are the antiviral drugs used to treat COVID-19 also related to AIDS treatment? Because HIV and COVID-19 are both viruses that directly attack the human immune system and have latency. COVID-19 seems to be characterized by cold symptoms, but it is accompanied by a large number of deaths. Or if we have basic diseases, or our resistance is low, then death may not be far away. These viruses are latent in the human body, it will cause great harm to human survival. If this virus is not eradicated and allowed to lurk in the human body for a long time and continue to endanger human life, it may bring disaster to mankind in the future. Recent research has found that COVID-19 is a kind of cardiotropic virus, which can directly kill human myocardial cells. From many research reports on the pathogenic characteristics of COVID-19 and AIDS [4-7]; This paper believes that COVID-19 is the upgraded version of the original HIV that can be transmitted through the air. Compared with the original HIV, the airborne COVID-19 is more harmful to humans than HIV, because it can spread widely through the air. This paper believes that both COVID-19 and the contact transmitted original HIV are "antibody viruses" that feed on human high-energy substances "semen".

## II. NEW UNDERSTANDING OF HUMAN HIGH-ENERGY MATERIAL "SEMEN"

This article believes that the meridians discussed in traditional Chinese medicine are channels for non blood to transmit semen in human tissues. This article believes that the behavior commonly known as "stretching and

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stretching" after sleeping every morning is actually the behavior of transporting semen through the meridians (non blood transmission pathways) deep in the body through high abdominal pressure, which is a behavior of actively dredging the meridians and running semen to the entire body through high abdominal pressure. Both men and women have semen! Semen produces eggs in a woman's semen through the ovaries! Male semen produces sperm through the testicles! The "semen" flowing in the human meridians and blood is the most high-end biochemical substance of the human body; "Semen" can produce all tissues and organs of the human body; For example, it can make all the tissues and organs of the fetus. Take the fetus as an example to illustrate this point of view: the formation of the fetus, first of all, starts the biochemical reaction of "semen" through the combination of male and female semen (combination of sperm and egg), so that the semen can be converted into a decomposing enzyme capable of digesting various nutrients, and produces various tissues and organs of the fetus through the biochemical reaction between the digestive decomposing enzyme and the nutrients provided by the mother (adults obtain nutrients from various foods). In the continuous growth process of pregnancy in October, it finally forms the self-running function of "making semen", "utilizing semen" and "regenerating semen", which can independently obtain nutrients from various foods in nature after being separated from the mother. After the baby with this function is born, the human body has the perfect function of assimilating various natural foods (not the nutrients provided by the mother) into human substances through semen, that is to say, independently collect nutrients from various foods in nature to complete the self-running function of "making semen", "utilizing semen", and "regenerating semen". The human body has been running the function of assimilating food into human substances all its life until the end of the life clock. In this paper, the process of transforming semen into digestive enzymes, biochemical reaction processing of food, and finally processing into human substances is called assimilation process, which is human's ability to assimilate food. Namely, it is converted from semen to catabolic enzyme; Digestive enzymes digest and decompose various foods; The food is digested and absorbed by biochemical reaction and finally assimilated into human substances for the growth of human tissues and organs; Finally, essence biochemical substances produced by various tissues and organs are provided to the heart; Then the heart organs synthesize to produce the most high-end biochemical substance "semen" of the human body; This is a recycling function of "making semen", "utilizing semen" and "regenerating semen"; It is realized by the function of semen constantly "assimilating" food. The above is the new understanding of the reverse decomposition mechanism and forward synthesis mechanism of "semen" and the regeneration and circulation mechanism of "semen" proposed in this paper.

The command organ of the unconscious' blood semen system 'in the human body is the heart, while the command organ of the conscious' nervous system' in the human body is the brain. The unconscious "blood semen system" and conscious "nervous system" of the human body merge together to form the "spiritual" system of the human body. Through conscious collection of nutrients, people can assimilate nutrients into human "essence biochemical substances" through the work of various tissues and organs of the human body, and provide them to the heart. Finally, through unconscious internal circulation, people can generate the most high-end highenergy biochemical substances "semen" of the human body from the synthesis function of the heart and lungs. In particular, after a large number of high-end highenergy biochemical substances "semen" are generated through sleep, they can be transported to various tissues and organs of the human body, providing nutrition for various tissues and organs of the human body, while also controlling the coordinated and unified growth of various tissues and organs of the human body. The active thinking and physical movement of the human body are conscious behaviors, while the breathing, heartbeat, and dreaming of the human body are unconscious behaviors. The "blood semen system" and "nervous system" of the human body together constitute the "spiritual" body system. This system, unlike bones and tendons, is a fluid circulation system that operates in the human body. This fluid circulation system is biochemically controlled by high-end high-energy biochemical substances "semen", controlling the growth and all biochemical functions of all tissues and organs in the human body.

In short, human semen is the guarantee of providing nutrition for human tissues and organs. Without semen, there would be no digestive enzymes to decompose food, and it would not be able to provide the necessary nutrition for human tissues and organs, and human tissues would not be able to maintain survival and growth. Therefore, semen is the high-end high-energy biochemical substance on which all tissues and organs of the human body rely for survival. It controls the assimilation process of human body to food to produce biochemical substances needed by human body. Semen can be decomposed to produce various digestive enzymes that digest various foods. The emergence of various digestive enzymes was born in the long process of human biological evolution, it is through the digestion of various foods that the digestive enzymes used to digest various foods are produced.

Why can't our heart become cancerous! This is because the heart is the birthplace and distribution center of the most high-end biochemical substance "semen" in the human body! Because the heart has a large amount of semen with strong assimilation ability, the heart will not have cancer lesions. Because cancer is only the product of uncontrolled mutated tissue, that is, cancer is an abnormal tissue that is not controlled by assimilation. The heart is a functional organ that commands the synthesis and distribution of human semen. Because of its strong assimilation ability, the heart will not become cancerous under the control of the strong assimilation ability of semen. The heart can only suffer from heart disease

caused by the lack of semen in the heart, and will never suffer from cancer. Based on this understanding, it is recommended to consume fish meat 1–2 days after sexual intercourse (ejaculation) according to age and physical health status, in order to prevent sudden death or heart disease caused by the depletion of semen due to immediate consumption of fish meat.

New understanding of the relationship between human high-energy substance semen and human immunity:

"Human high-energy substance semen" is a high-end biochemical substance that generates the growth substance of human tissues and organs. The process of semen assimilation of food into the growth substance of human tissues and organs is as follows: the semen decomposes to produce digestive enzymes that digest various foods, digest various foods through biochemical reactions, and finally assimilate the food into the growth substance of human tissues and organs through biochemical reactions (such as the various tissues and organs of the fetus produced by the combination of sperm and eggs). The more semen, the more digestive enzymes that can produce assimilating food, and the more growth substances for human tissues and organs. The stronger the assimilative ability, the stronger the human body's ability of rejection. Because the digestive enzymes that decompose food produced by semen decomposition are produced during human long-term evolution and ingestion of various foods, there is no digestive enzyme for substances that have not participated in evolution, and the human body has the function of rejection for new substances without digestive enzymes. When various substances that have not participated in evolution enter the human body (including viruses that enter the human blood), it will not be accepted by the human body and discharged from the body (including the production of virus antibodies in the blood to eliminate the virus); For example, when people eat paint by mistake, because the paint has not participated in the evolution of biology, so there is no digestive enzyme of paint, the human body will expel the paint without digestive enzyme in the form of diarrhea. This is the immunity of human body's "rejection function". Whether the immunity of human body's "rejection function" is strong depends on the amount of "semen" in the human body. When the "semen" is insufficient, a large number of digestive enzymes that can decompose food cannot be produced, it is unable to provide sufficient growth substances for human tissues and organs, which is manifested by the decline of the rejection function and the decline of immunity. On the contrary, when the human body has sufficient "semen", it can produce a large number of digestive enzymes that can decompose food, provide sufficient growth substances for human tissues and organs, control and protect the normal growth of human tissues and organs without mutation, which is the principle of the enhancement of the immunity of human body's rejection function. In short, the amount of human semen is an indicator of human assimilation ability and immunity. The above is the new understanding of the relationship between human high-end biochemical substance "semen" and human immunity.

According to the above new understanding of human high-energy biochemical substance "semen"; In the view of the author, the current understanding of the appearance of biochemical substances along the phenomenological principles is only the superficial understanding of the appearance of biochemical substances! The imaging of DNA strand structure of biological genes observed under the microscope is only the fur appearance of biochemical substances we see; There is still a long way to go to reveal the essential relationship of how biochemical changes occur between specific biochemical reactions.

# III. NEW UNDERSTANDING OF THE "FORMATION MECHANISM" OF COVID-19, AIDS, AND CANCER

The "Formation Mechanism" of novel coronavirus and AIDS Virus: This paper argues that both COVID-19 virus and the original AIDS virus infected by contact are "antibody viruses" that feed on human high-energy substance "semen"; Schematic diagram of the production mechanism of COVID-19 and AIDS virus, see Fig. 1:

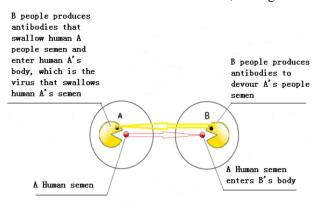


Figure 1. Schematic diagram of COVID-19 and HIV generation mechanism

When the semen of person A enters the blood of person B, the antibody against the semen of person A will be produced in the blood of person B. When the antibody returns to the blood of person A, this is the "antibody virus" that specializes in eating the "semen" of person A, and this "antibody virus" is novel coronavirus and AIDS virus. This antibody virus is specially fed on the highenergy substance semen that engulfs human beings. When the high-energy substance semen in the human body is swallowed up by the "antibody virus" that engulfs the semen, the human body will lose its immunity due to the lack of high-energy substance "semen", which will lead to the lack of assimilation ability of the human body and lead to human death, that is, without semen, the human body can not produce digestive enzymes for food, and thus can not provide nutrition for tissues and organs to maintain survival, resulting in human death. This is the mechanism of the production of novel coronavirus and AIDS virus.

This paper believes that the "source" of novel coronavirus and AIDS virus is generated in the anal sex of gay men, because the anal sex of gay men may appear at the wound of a gash, because the "blood", "semen" and "antibodies" can exchange with each other through the

wound of the gash, leading to the "antibody virus" that devours human semen entering into the blood of the other's human body through this exchange; That is, the exchange of "blood", "semen" and "antibody" will occur at the possible breach in anal sex; This is the reason for the high incidence of AIDS among gay men. Therefore, this paper believes that the anal sex of gay men is the source of COVID-19 and HIV, and this abnormal sexual behavior of human beings is the plague bed that breeds the epidemic of COVID-19 and AIDS virus.

Novel coronavirus is an upgraded version of AIDS virus that can spread in the air. The causes and methods of its generation are as follows:

It is well known that the original AIDS virus is the AIDS virus that infects the liquid state through the blood. At this time, the ability to swallow human semen is the strongest. According to the author's new epistemology that the physical state of matter can change from solid state to liquid state to gas state to plasma state to "matter presents light state" under certain conditions [2]. When severe AIDS patients have a large amount of liquid AIDS virus in their bodies, they will, under certain conditions, transform from liquid to gas, and spread AIDS virus into the air through the exhaled gas of patients, which is the source of the first generation of novel coronavirus. In short, the gas exhaled by patients with severe AIDS is the birthplace of the first generation of novel coronavirus. This paper believes that COVID-19 is an upgraded version of the original AIDS virus that it can be widely spread through air media, while the original AIDS virus is transmitted only through contact with blood. This air transmitted COVID-19 HIV is more threatening to human beings it can be widely spread through air media. When it is hidden in the human body, when the "highenergy substance semen" of the human body decreases due to various reasons (such as ejaculation or illness), this virus that specially eats human semen will eat the only small amount of semen left in the human heart, showing its great threat, causing people to die due to the temporary loss of semen from the heart, which is the reason why a large number of people die from myocarditis after being infected with COVID-19!

Next, let me talk about my new understanding of cancer pathology: Cancer is only a function of human biological evolution; From the perspective of this evolutionary function, cancer is not a disease; The understanding points are as follows: Without this evolutionary function, human beings would not have evolved to today! This evolutionary function is the evolutionary mechanism of human corresponding variation. In the long process of human evolution, it is precise because of this evolutionary function of corresponding variation that humans have evolved to today! All substances that have not participated in the process of biological evolution are carcinogens! For example, "paint" has not participated in evolution in the human biological evolution chain, so this substance is a carcinogenic substance. If someone drinks a glass of paint every day, he will definitely get cancer! Because "paint" has not participated in the evolution in the human

biological evolution chain, there is no enzyme to assimilate (digest) paint. When the paint enters the human body, it will produce corresponding mutation, because only "paint" enters the channel; There is no channel for "paint" discharge, that is, no enzyme for digesting and assimilating paint! Cause cancer to people who eat paint! For another example, suppose that Aspergillus flavus suddenly spread all over the world, and we eat flavus" "Aspergillus every day. Through corresponding mutation of cancer for countless generations, the enzyme that digests Aspergillus flavus will finally appear. When the enzyme that digests Aspergillus flavus appears, then Aspergillus flavus will become the indispensable nutritional food for human beings through the assimilation of Aspergillus flavus digestive enzyme like agaric and mushroom, which is the corresponding mutation function of human biological evolution; This is also the corresponding mutation function of animal evolution; For example, the snake weasel has the function of resisting snake venom, and the lizard does not harm it by eating rotten meat. These are all obtained by the corresponding mutation function of biological evolution. Therefore, cancer is not a disease, it is only a function of corresponding variation of human and animal. In the long process of human evolution, all substances that have not participated in evolution in the biological evolution chain are carcinogens (including high-radiation carcinogenic environment).

## IV. COVID-19, AIDS, CANCERS "TREATMENT PROGRAMME"

On the basis of the above understanding of the "formation mechanism" of novel coronavirus and HIV, the author proposed a patent implementation solution for COVID-19 and AIDS treatment. The specific contents are as follows: Patent name: Active Biological Antibodies to Kill COVID-19 Virus and Use Methods, patent number: 2023100796195. Patent name: Active biological antibody to kill AIDS virus and its use method, patent number: 2023100796119.

Technical field: the invention relates to a medicine for treating COVID-19 and AIDS; Specifically, the invention relates to a method for preparing and treating COVID-19 and AIDS active biological antibody drugs.

Background technology: At present, there is no specific drug for directly killing and treating COVID-19 and HIV. Therefore, it has become an urgent problem to develop a drug that can directly kill COVID-19 and HIV.

Summary of the invention: In view of the present situation, the invention provides a COVID-19 and HIV active biological antibody medicine. It is the method of active biological antibodies to eliminate COVID-19 and HIV.

The invention also relates to a treatment method, which is simple to use and can directly kill and treat COVID-19 and HIV. The technical solution of the invention is that the preparation method of COVID-19 and HIV active biological antibody medicine is as follows:

- (1) First, the virus of COVID-19 and AIDS patients was extracted;
- (2) Injecting the extracted COVID-19 and HIV into the blood of animals;
- (3) After the animals produce antibodies, extract the antibodies in animal blood to eliminate COVID-19 and HIV:
- (4) The antibodies extracted to eliminate COVID-19 and HIV are the therapeutic drugs for killing COVID-19 and HIV, and the therapeutic drugs for COVID-19 and HIV must be active biological antibody drugs.

In the invention, the working principle of the active biological antibodies against COVID-19 and HIV to kill COVID-19 and HIV is that when a large number of COVID-19 and HIV are injected into the blood of animals, the rejection function in the blood of animals will lead to the emergence of antibodies to strangle COVID-19 and HIV, which is a conditioned reflex of the animal immune system for self-defense. Therefore, this conditioned reflex of animal immune system self-defense will produce antibodies to kill COVID-19 and HIV, the production of antibodies is related to the number of inactivated viruses injected into animal blood by COVID-19 and HIV, that is, the same principle as the production of antibodies in human vaccinations.

The positive effect of the invention is that, on the basis of studying the generation mechanism of COVID-19 and HIV, the scheme of developing active biological antibodies to kill COVID-19 and HIV is proposed. The working principle is that through the development of active biological antibodies to eradicate COVID-19 and HIV, COVID-19 and HIV patients are directly injected to kill COVID-19 and HIV. When the virus is killed, the patient can recover. When the active biological antibodies to kill COVID-19 and HIV come out, the development of the epidemic situation will be effectively controlled.

The present invention will be further described in combination with the attached embodiments. The "generation mechanism" of COVID-19 and AIDS of the invention is shown in the description of Fig. 1 above. Schematic diagram of the development method of COVID-19 and AIDS therapeutic drugs of the invention; See Fig. 2:

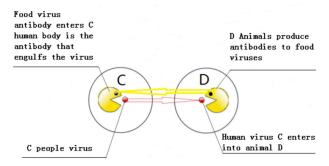


Figure 2. Schematic diagram of COVID-19 and AIDS drug development.

Inject the COVID-19 or AIDS virus extracted from human C into the blood of animal D, then extract the antibody from the blood of animal D, and inject the active biological antibody that can swallow the virus into the blood of patient C to kill the virus directly; When the virus is killed completely, the patient returns to health. At this time, the antibodies will die of hunger because there is no virus food. This antibody that can eliminate the virus is a therapeutic drug that can directly kill COVID-19 and AIDS virus! This treatment of COVID-19 or AIDS virus drugs must be active biological antibodies! This kind of anti-virus active biological antibody treatment drug is the antibody that feeds on these viruses. When the virus is eliminated, the patient will recover immediately. The animals described in the invention include pigs, horses, cows, sheep, dogs and other animals, as well as other animals not listed.

At present, the reasons why the "antibodies" to COVID-19 and AIDS cannot be generated by conventional methods are as follows: It is well known that the current method of producing virus antibody is to inject a small amount of inactivated virus into the human body, and the immune antibody of virus will be produced in the human blood.

This routine way of producing antibodies cannot find antibodies to kill COVID-19 and HIV; To make a metaphor, this is because we regard human semen as mice, and COVID-19 and HIV that eat human semen as cats. When you put a cat into a mouse nest, that is, into human semen, it is impossible to find a mouse that eats cats in the mouse nest, because mice are naturally hunted by cats! That is, human semen is "hunted" by COVID-19 and HIV! Therefore, there will be no "hunting" antibodies against COVID-19 and HIV in human semen! This is equivalent to the fact that mice are killed by cats, and mice are unable to kill their natural enemy cats. Therefore, only in other animal nests can we find antibodies to eat cats, for example, you can find antibodies to eat cats in the wolf's nest and the tiger's nest! In short, there is no cat antibody in the mouse nest; This is the reason why the COVID-19 and HIV that feed on human semen cannot find antibodies in the human body. This is the reason why finding antibodies to kill COVID-19 and HIV must be found in the blood of other animals; Because the semen of other animals is not the target of COVID-19 and HIV "hunting," antibodies against COVID-19 and HIV can be found in the blood of other animals; At present, it is impossible to find antibodies that kill COVID-19 and HIV only by searching for antibodies in the human body. At present, COVID-19 and AIDS can only rely on human resistance to reduce the harm to the human body to avoid human death due to semen loss. Human immunity alone cannot directly kill COVID-19 and HIV, which is why HIV can be latent in the human body for 10 years. This paper believes that COVID-19, which is transmitted through the air, also has long-term latency, which will pose a major threat to people in the long run, at any time when people's immunity drops, it may take people's lives!

Suggestion: Before the successful development of drugs to kill COVID-19 and HIV active biological antibodies, COVID-19 and AIDS patients should eat a lot of nutritious food (such as pig skin, meat, fish, and eggs)

after the positive turns negative, so that the body can produce a lot of semen! Meet the demand of eating semen virus! The human body uses the rich semen to maintain the vigorous semen, so that the human immunity does not decline! So as to resist the harm of virus to human body! Increasing semen to maintain vigorous semen is to enhance the immunity of assimilation ability.

In the author's opinion, COVID-19 and AIDS virus are not viruses. They are antibodies that devour human semen. This antibody is only an antibody that specifically eats human semen. If it is an antibody that eats smallpox virus, it is an antibody that is beneficial to human beings. Because this antibody is an antibody that eats human semen, it is harmful to human beings. In short, COVID-19 and AIDS virus are not viruses but biological antibodies, which devour human high-energy substance semen! As long as antibodies that devour and kill COVID-19 and AIDS virus are found in other animals, the epidemic situation of COVID-19 and AIDS virus will soon be ended.

Cancer prevention and treatment program:

First of all, block all substances that have not participated in evolution in the human biological evolution chain from entering the human body. This way is to prevent the occurrence of corresponding mutations in the human body, because substances that have not participated in evolution have no digestive enzymes! When entering the human body, there is no way to expel it from the body, nor can it be assimilated by the human body.

Secondly, increase the rich content of semen in the human body. This is the way to enhance the assimilation ability of the human body and improve the immunity of the human body. Keep the heart producing enough "semen", and obtain sufficient digestive enzymes through sufficient "semen" to obtain sufficient nutrition for the body, so that the human body has strong assimilation ability, which can effectively prevent the occurrence of cancer lesions! Because cancer is only the product of uncontrolled mutated tissue, that is, cancer is an abnormal tissue that is not controlled by assimilation. Increasing the assimilation ability of the human body can effectively control and prevent the variation of human tissues and organs. That is, through sufficient "semen" to obtain enzymes to provide nutrients for human tissues and organs, so as to control the normal growth of human tissues and organs! The reason why the heart does not become cancerous is that the heart is an organ that produces semen. The heart is rich in semen and has strong assimilation ability, so it will not have uncontrolled abnormal tissue phenomenon, so the heart must not be cancerous. In short, when the human body has sufficient semen with strong assimilation and rejection ability, the human body will not have cancer lesions.

Thirdly, keep the human semen channel unblocked (that is, keep the human meridian channel and blood channel unblocked), so that semen can reach all parts of the body, and control the normal growth of human tissues and organs through the high-energy substances of human

semen to prevent the occurrence of cancer lesions. The best way to keep the human semen channels unblocked is to exercise, exercise can keep the channels of human semen channels unblocked. Exercise can increase the production of semen and keep the human semen channel unblocked.

In short, cancer is not a disease; It is a function of human biological evolution. If it must be said that it is a disease, it is a functional disease of biological evolution that everyone has. The most effective way to prevent and cure cancer is to maintain sufficient semen to enhance assimilation ability and immunity. Exercise is the best way to produce semen and dredge meridians. Increasing semen is to enhance immunity and assimilation. At the same time, blocking the entry of substances that have not participated in the evolution in the human biological evolution chain into the human body can effectively prevent the occurrence of uncontrolled human tissue cancer lesions, or slow down the continued malignant development of cancer lesions.

Understanding of biological time clock: Each animal has its own life time clock. The ceiling of human life span is 120 years old, and over 90 years old is the high life span, and 80-90 years old is the normal life span. This is determined by biological evolution and does not depend on human will. This is the result of long-term biological evolution of animals. We humans should face up to our own life time clock!

#### V. SUMMARY

Based on the new understanding of the "formation mechanism" of AIDS, COVID-19, and cancer, this paper puts forward a new "treatment plan" strategic thinking; Through the research on the "formation mechanism" of AIDS, COVID-19, and cancer, a method of injecting AIDS virus and COVID-19 virus extinguishing virus into animals was proposed to obtain active biological antibodies against these viruses from animal blood; After extraction, the active biological antibody that can kill the virus is injected into the patient's body to kill AIDS virus and COVID-19 virus; In order to achieve the goal of treating AIDS and COVID-19, once we find active biological antibodies that kill AIDS virus and COVID-19 virus according to this new strategic thinking, we can solve the thorny problem of the current epidemic situation. In the past, virus antibodies were produced by injecting inactivated virus into human body; In this paper, it is proposed to produce virus antibody in animals by using; Then inject the "virus active biological antibody" produced in the animal body into the human body to achieve the innovative treatment of killing the virus in the human body. The author hopes to cooperate with enterprises in the field of biopharmaceuticals to carry out research in this field as soon as possible and make contributions to the treatment of AIDS and COVID-19 as soon as possible.

#### CONFLICT OF INTEREST

The author declares no conflict of interest.

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